

## Mid-to-Senior | Leadership Course

## The one thing 150 C-suite leaders agree on is that we need braver leaders!

The good news is that these skills can be learned. Join us on a six-week journey to learn what it means be a Brave Leader and how to bring these skill sets to your organization. Upon completion, attendees will gain the distinction of being <u>Dare to Lead™ Trained</u>.

Brave leaders model the skill sets necessary for courage and create a culture that allows for innovation, growth, and creativity while constructively addressing challenges along the way.

The four skill sets that courageous leaders need include:

- (1) the ability to rumble with vulnerability
- (2) an understanding of trust and its characteristics
- (3) how to rise in the face of adversity, and
- (4) an understanding of their personal values.

Each skill set is teachable, observable, measurable and require self-awareness. This workshop, based on 20 years of Dr. Brené Brown's research, 400,000 pieces of data, and exclusive videos, will lead participants through exercises to increase self-awareness, build these courage skill sets, and utilize practical tools with teams.

This course will enable mid-to-senior level leaders and leaders to. . .

- Create a safe and meaningful culture
- Create teams that take risks based on courage and trust
- Apply the key components of brave leadership
- Commit to bringing your whole heart to work each day
- Be equipped to operationalize core values
- Give more meaningful feedback to teams

